

Premium summary

OOM Living Abroad Health Insurance

There are three regions:

World: you are insured anywhere in the world.

World excluding US: you are insured anywhere in the world, except the United States.

World excluding US, China, Hong Kong, Malaysia, Singapore and Indonesia: you are insured anywhere in the world, except the United States, China, Hong Kong, Malaysia, Singapore and Indonesia.

These per person premiums depend on:

- the age
- the chosen coverage (Regular, Comfort or DeLuxe)
- the chosen region
- the chosen excess (0, 250, 500 or 1,000 euros)

The excess applies per insured person per insured year. If the period insured is shorter than a year, then the excess applies for the period insured. This health insurance coverage is not subjected to insurance taxes.

If you take out this insurance alongside Dutch basic health insurance, you will receive 15% discount on the premium for as long as you are actually insured with the Dutch basic health insurance.

Premiums **per year** in euro (from 1 January 2022)

OOM Living Abroad Health Insurance: World

Excess	€ 0,-	€ 250,-	€ 500,-	€ 1000,-	€ 0,-	€ 250,-	€ 500,-	€ 1000,-	€ 0,-	€ 250,-	€ 500,-	€ 1000,-
	Regular	Regular	Regular	Regular	Comfort	Comfort	Comfort	Comfort	Deluxe	Deluxe	Deluxe	Deluxe
0-17	2.043,92	1.906,11	1.768,19	1.492,58	2.841,05	2.659,25	2.514,90	2.205,60	4.839,52	4.657,72	4.506,58	4.203,94
18-29	2.623,50	2.485,69	2.347,64	2.072,16	3.678,30	3.496,50	3.352,15	3.042,85	6.127,87	5.946,07	5.794,94	5.492,30
30-39	3.276,28	3.138,47	3.000,67	2.725,06	4.619,54	4.437,74	4.293,39	3.984,09	7.200,37	7.018,57	6.867,43	6.564,80
40-44	3.645,70	3.507,89	3.369,97	3.094,48	5.145,18	4.963,38	4.819,03	4.509,73	7.799,46	7.617,66	7.466,53	7.163,89
45-49	4.158,86	4.021,05	3.883,25	3.607,52	5.731,43	5.549,63	5.405,16	5.095,85	8.468,49	8.286,69	8.135,43	7.832,91
50-54	5.228,08	5.090,28	4.952,47	4.676,87	7.362,54	7.180,74	7.036,39	6.727,08	10.246,25	10.064,45	9.913,31	9.610,68
55-59	6.520,44	6.382,63	6.244,83	5.969,10	9.190,84	9.009,04	8.864,57	8.555,27	12.250,90	12.069,10	11.917,96	11.615,32
60-64	8.802,03	8.664,22	8.526,42	8.250,81	12.419,00	12.237,20	12.092,85	11.783,55	14.644,23	14.462,43	14.311,17	14.008,66
65-69	11.939,65	11.801,85	11.663,92	11.388,32	16.857,83	16.676,03	16.531,68	16.222,38	19.702,27	19.520,47	19.369,34	19.066,70
70-74	14.374,56	14.236,76	14.098,83	13.823,22	20.310,82	20.129,02	19.984,67	19.675,37	23.636,55	23.454,75	23.303,49	23.000,97
75-79	17.299,24	17.161,44	17.023,63	16.747,90	24.448,71	24.266,91	24.122,44	23.813,13	28.352,80	28.171,00	28.019,86	27.717,23
80-84	18.275,02	18.137,22	17.999,29	17.723,80	25.829,05	25.647,25	25.502,78	25.193,48	29.691,09	29.509,29	29.358,03	29.055,52
85+	19.733,66	19.595,86	19.458,05	19.182,45	27.893,21	27.711,41	27.567,06	27.257,76	32.042,49	31.860,69	31.709,56	31.406,92

OOM Living Abroad Health Insurance: World excluding US

Excess	€ 0,-	€ 250,-	€ 500,-	€ 1000,-	€ 0,-	€ 250,-	€ 500,-	€ 1000,-	€ 0,-	€ 250,-	€ 500,-	€ 1000,-
	Regular	Regular	Regular	Regular	Comfort	Comfort	Comfort	Comfort	Deluxe	Deluxe	Deluxe	Deluxe
0-17	1.165,70	1.030,44	895,18	695,32	1.590,51	1.408,71	1.257,57	955,78	2.954,25	2.772,45	2.621,31	2.318,68
18-29	1.511,97	1.376,71	1.241,45	979,05	2.041,49	1.859,69	1.708,56	1.406,77	3.810,89	3.629,09	3.478,08	3.175,44
30-39	1.860,18	1.724,92	1.589,66	1.327,26	2.554,29	2.372,49	2.221,35	1.919,57	4.364,90	4.183,10	4.032,08	3.729,45
40-44	2.057,37	1.922,11	1.786,97	1.524,45	2.830,26	2.648,46	2.497,33	2.195,54	4.670,20	4.488,40	4.337,26	4.034,63
45-49	2.331,16	2.195,90	2.060,64	1.798,24	3.207,56	3.025,76	2.874,62	2.572,83	4.928,84	4.747,04	4.596,03	4.293,39
50-54	2.901,29	2.766,03	2.630,77	2.368,37	3.972,09	3.790,29	3.639,15	3.337,36	5.778,09	5.596,29	5.445,15	5.142,52
55-59	3.590,55	3.455,29	3.320,03	3.057,63	4.922,90	4.741,10	4.589,97	4.288,18	6.834,35	6.652,55	6.501,41	6.198,77
60-64	4.807,64	4.672,38	4.537,12	4.274,72	6.602,37	6.420,57	6.269,43	5.967,65	7.838,37	7.656,57	7.505,43	7.202,79
65-69	6.481,29	6.345,91	6.210,77	5.948,25	8.911,11	8.729,31	8.578,17	8.276,38	10.402,60	10.220,80	10.069,66	9.767,02
70-74	7.779,95	7.644,69	7.509,43	7.247,03	10.710,69	10.528,89	10.377,75	10.075,96	12.401,55	12.219,75	12.068,61	11.765,97
75-79	9.339,79	9.204,41	9.069,27	8.806,88	12.862,83	12.681,03	12.530,02	12.228,23	14.792,12	14.610,30	14.459,16	14.156,64
80-84	9.860,35	9.725,09	9.589,83	9.327,43	13.580,70	13.398,90	13.247,77	12.945,98	15.352,40	15.170,60	15.019,59	14.716,95
85+	10.638,33	10.503,07	10.367,81	10.105,41	14.654,05	14.472,25	14.321,11	14.019,33	16.545,13	16.363,33	16.212,20	15.909,56

OOM Living Abroad Health Insurance: World excluding US, China, Hong Kong, Malaysia, Singapore and Indonesia

Excess	€ 0,-	€ 250,-	€ 500,-	€ 1000,-	€ 0,-	€ 250,-	€ 500,-	€ 1000,-	€ 0,-	€ 250,-	€ 500,-	€ 1000,-
	Regular	Regular	Regular	Regular	Comfort	Comfort	Comfort	Comfort	Deluxe	Deluxe	Deluxe	Deluxe
0-17	1.005,96	877,49	749,26	577,88	1.219,03	1.077,59	935,66	698,84	2.648,70	2.497,33	2.346,19	2.043,55
18-29	1.307,63	1.172,61	1.037,23	766,83	1.575,60	1.434,16	1.292,36	1.009,23	3.420,39	3.269,01	3.117,87	2.815,23
30-39	1.604,45	1.469,07	1.334,05	1.063,65	1.956,77	1.815,33	1.673,53	1.390,53	3.919,12	3.767,74	3.616,61	3.313,97
40-44	1.772,31	1.636,93	1.501,91	1.231,51	2.167,18	2.025,49	1.884,05	1.600,69	4.194,37	4.043,11	3.891,97	3.589,34
45-49	2.005,38	1.869,99	1.735,10	1.464,58	2.455,75	2.314,07	2.172,63	1.889,27	4.427,31	4.275,94	4.124,80	3.822,16
50-54	2.491,02	2.355,76	2.220,75	1.950,23	3.040,67	2.898,98	2.757,42	2.474,30	5.192,33	5.041,07	4.889,94	4.587,30
55-59	3.078,00	2.942,74	2.807,72	2.537,20	3.767,87	3.626,18	3.484,62	3.201,26	6.143,75	5.992,37	5.841,23	5.538,60
60-64	4.114,74	3.979,36	3.844,34	3.573,82	5.052,10	4.910,42	4.768,98	4.485,61	7.048,14	6.896,76	6.745,63	6.443,11
65-69	5.539,69	5.404,79	5.269,29	4.999,14	6.817,74	6.676,18	6.534,38	6.251,25	9.358,09	9.206,84	9.055,70	8.753,06
70-74	6.645,88	6.510,74	6.375,60	6.105,09	8.194,09	8.052,65	7.910,85	7.627,84	11.158,40	11.007,02	10.855,88	10.553,37
75-79	7.974,48	7.839,22	7.704,08	7.433,68	9.840,23	9.698,79	9.556,98	9.273,98	13.311,76	13.160,50	13.009,37	12.706,73
80-84	8.417,82	8.282,44	8.147,43	7.877,03	10.389,26	10.247,82	10.105,90	9.822,90	13.816,68	13.665,30	13.514,16	13.211,53
85+	9.080,30	8.945,29	8.809,91	8.539,51	11.210,39	11.068,71	10.927,03	10.643,78	14.890,87	14.739,50	14.588,36	14.285,84

Premiums per month in euro (from 1 January 2022)

OOM Living Abroad Health Insurance: World

Excess	€ 0,-	€ 250,-	€ 500,-	€ 1000,-	€ 0,-	€ 250,-	€ 500,-	€ 1000,-	€ 0,-	€ 250,-	€ 500,-	€ 1000,-
	Regular	Regular	Regular	Regular	Comfort	Comfort	Comfort	Comfort	Deluxe	Deluxe	Deluxe	Deluxe
0-17	170,33	158,84	147,35	124,38	236,75	221,60	209,58	183,80	403,29	388,14	375,55	350,33
18-29	218,62	207,14	195,64	172,68	306,52	291,37	279,35	253,57	510,66	495,51	482,91	457,69
30-39	273,02	261,54	250,06	227,09	384,96	369,81	357,78	332,01	600,03	584,88	572,29	547,07
40-44	303,81	292,32	280,83	257,87	428,77	413,62	401,59	375,81	649,96	634,81	622,21	596,99
45-49	346,57	335,09	323,60	300,63	477,62	462,47	450,43	424,65	705,71	690,56	677,95	652,74
50-54	435,67	424,19	412,71	389,74	613,54	598,39	586,37	560,59	853,85	838,70	826,11	800,89
55-59	543,37	531,89	520,40	497,43	765,90	750,75	738,71	712,94	1.020,91	1.005,76	993,16	967,94
60-64	733,50	722,02	710,54	687,57	1.034,92	1.019,77	1.007,74	981,96	1.220,35	1.205,20	1.192,6	1.167,39
65-69	994,97	983,49	971,99	949,03	1.404,82	1.389,67	1.377,64	1.351,86	1.641,86	1.626,71	1.614,11	1.588,89
70-74	1.197,88	1.186,40	1.174,90	1.151,94	1.692,57	1.677,42	1.665,39	1.639,61	1.969,71	1.954,56	1.941,96	1.916,75
75-79	1.441,60	1.430,12	1.418,64	1.395,66	2.037,39	2.022,24	2.010,20	1.984,43	2.362,73	2.347,58	2.334,99	2.309,77
80-84	1.522,92	1.511,43	1.499,94	1.476,98	2.152,42	2.137,27	2.125,23	2.099,46	2.474,26	2.459,11	2.446,50	2.421,29
85+	1.644,47	1.632,99	1.621,50	1.598,54	2.324,43	2.309,28	2.297,26	2.271,48	2.670,21	2.655,06	2.642,46	2.617,24

OOM Living Abroad Health Insurance: World excluding US

Excess	€ 0,-	€ 250,-	€ 500,-	€ 1000,-	€ 0,-	€ 250,-	€ 500,-	€ 1000,-	€ 0,-	€ 250,-	€ 500,-	€ 1000,-
	Regular	Regular	Regular	Regular	Comfort	Comfort	Comfort	Comfort	Deluxe	Deluxe	Deluxe	Deluxe
0-17	97,14	85,87	74,60	57,94	132,54	117,39	104,80	79,65	246,19	231,04	218,44	193,22
18-29	126,00	114,73	103,45	81,59	170,12	154,97	142,38	117,23	317,57	302,42	289,84	264,62
30-39	155,01	143,74	132,47	110,61	212,86	197,71	185,11	159,96	363,74	348,59	336,01	310,79
40-44	171,45	160,18	148,91	127,04	235,86	220,71	208,11	182,96	389,18	374,03	361,44	336,22
45-49	194,26	182,99	171,72	149,85	267,30	252,15	239,55	214,40	410,74	395,59	383,00	357,78
50-54	241,77	230,50	219,23	197,36	331,01	315,86	303,26	278,11	481,51	466,36	453,76	428,54
55-59	299,21	287,94	276,67	254,80	410,24	395,09	382,50	357,35	569,53	554,38	541,78	516,56
60-64	400,64	389,37	378,09	356,23	550,20	535,05	522,45	497,30	653,20	638,05	625,45	600,23
65-69	540,11	528,83	517,56	495,69	742,59	727,44	714,85	689,70	866,88	851,73	839,14	813,92
70-74	648,33	637,06	625,79	603,92	892,56	877,41	864,81	839,66	1.033,46	1.018,31	1.005,72	980,50
75-79	778,32	767,03	755,77	733,91	1.071,9	1.056,75	1.044,17	1.019,02	1.232,67	1.217,52	1.204,93	1.179,72
80-84	821,70	810,42	799,15	777,29	1.131,73	1.116,58	1.103,98	1.078,83	1.279,37	1.264,22	1.251,63	1.226,41
85+	886,53	875,26	863,98	842,12	1.221,17	1.206,02	1.193,43	1.168,28	1.378,76	1.363,61	1.351,02	1.325,80

OOM Living Abroad Health Insurance: World excluding US, China, Hong Kong, Malaysia, Singapore and Indonesia

Excess	€ 0,-	€ 250,-	€ 500,-	€ 1000,-	€ 0,-	€ 250,-	€ 500,-	€ 1000,-	€ 0,-	€ 250,-	€ 500,-	€ 1000,-
	Regular	Regular	Regular	Regular	Comfort	Comfort	Comfort	Comfort	Deluxe	Deluxe	Deluxe	Deluxe
0-17	83,83	73,12	62,44	48,16	101,59	89,80	77,97	58,24	220,73	208,11	195,52	170,30
18-29	108,97	97,72	86,44	63,90	131,30	119,51	107,70	84,10	285,03	272,42	259,82	234,60
30-39	133,70	122,42	111,17	88,64	163,06	151,28	139,46	115,88	326,59	313,98	301,38	276,16
40-44	147,69	136,41	125,16	102,63	180,60	168,79	157,00	133,39	349,53	336,93	324,33	299,11
45-49	167,11	155,83	144,59	122,05	204,65	192,84	181,05	157,44	368,94	356,33	343,73	318,51
50-54	207,59	196,31	185,06	162,52	253,39	241,58	229,79	206,19	432,69	420,09	407,49	382,27
55-59	256,50	245,23	233,98	211,43	313,99	302,18	290,39	266,77	511,98	499,36	486,77	461,55
60-64	342,90	331,61	320,36	297,82	421,01	409,20	397,41	373,80	587,35	574,73	562,14	536,93
65-69	461,64	450,40	439,11	416,59	568,15	556,35	544,53	520,94	779,84	767,24	754,64	729,42
70-74	553,82	542,56	531,30	508,76	682,84	671,05	659,24	635,65	929,87	917,25	904,66	879,45
75-79	664,54	653,27	642,01	619,47	820,02	808,23	796,42	772,83	1.109,31	1.096,71	1.084,11	1.058,89
80-84	701,49	690,20	678,95	656,42	865,77	853,99	842,16	818,57	1.151,39	1.138,78	1.126,18	1.100,96
85+	756,69	745,44	734,16	711,63	934,20	922,39	910,59	886,98	1.240,91	1.228,29	1.215,70	1.190,49



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The trade name OOM Verzekeringen is used by OOM Holding N.V. (KvK The Hague 27194193), OOM Global Care N.V. (AFM 12000623, KvK The Hague 27111654), OOM Schadeverzekering N.V. (AFM 12000624, KvK The Hague 27155593) and "O.O.M." Onderlinge Molest-verzekering-Maatschappij U.A. (KvK The Hague 27117235). These companies are registered in The Hague and share operational offices in Rijswijk.